



Colonoscopy 2 Day Prep Instructions – CLENPIQ PM (arrivals 12:30pm - 3pm)

Please follow the General Colonoscopy instructions along with your prep instructions.

You will need to buy a bottle of Miralax in addition to the Clenpiq.

Do not refrigerate or freeze the CLENPIQ Bowel Kit. It must be stored at room temperature.

2 Days Prior to Your Procedure:

Drink clear liquids only all day. Try and drink 8oz of liquid every hour.

Take 4 Dulcolax tablets (20mg) total at 6pm.

Day Before Your Procedure:

Begin your first dosing regimen: 9PM the day before your procedure.

Drink one bottle of CLENPIQ and then drink 5 cups (8oz each) or more of clear liquids within the next 3-5 hours before bedtime.

If you are not passing very loose bowel movements 3 hours after your first prep, take 2 doses of Miralax.

Begin your second dosing regimen: 5 hours prior to procedure.

Drink one bottle of CLENPIQ and then drink 5 cups (8oz each) or more of clear liquids within the next 1-2 hours.

All fluids must be stopped 2 hours prior to your arrival at our facility or your procedure may be cancelled.