



## **Colonoscopy Prep Instructions – CLENPIQ PM (arrivals 12:30pm - 3pm)**

Please follow the General Colonoscopy instructions along with your prep instructions.

You will need to buy a bottle of Miralax in addition to the Clenpiq.

Do not refrigerate or freeze the CLENPIQ Bowel Kit. It must be stored at room temperature.

**Begin your first dosing regimen: 9PM the day before your procedure.**

Drink one bottle of CLENPIQ and then drink 5 cups (8oz each) or more of clear liquids within the next 3-5 hours before bedtime.

If you are not passing very loose bowel movements 3 hours after your first prep, take 2 doses of Miralax.

**Begin your second dosing regimen: 5 hours prior to procedure.**

Drink one bottle of CLENPIQ and then drink 5 cups (8oz each) or more of clear liquids within the next 1-2 hours.

All fluids **must be stopped** 2 hours prior to your arrival at our facility or your procedure may be cancelled.