

Colonoscopy Prep Instructions – Suflave 2 DAY PM (arrivals 12:30pm – 3:00pm)

Please follow the General Colonoscopy instructions along with you prep instructions.

Two days prior to your procedure: You may have a light breakfast such as eggs or white toast before 8:00 AM. After 8:00AM begin a clear liquid diet. NO SOLID FOOD FROM THIS POINT UNTIL YOUR PROCEDURE IS COMPLETED. Try to have 8oz of clear liquids every hour.

At 6:00PM two days prior to your procedure: Please take Dulcolax laxative tablets (20mg total)

Begin your first dosing regimen: 9PM the day before your procedure.

Step 1: Open 1 flavor enhancing packet and pour the contents into bottle 1.

Step 2: Fill the provided bottle with lukewarm water up to the fill line. After capping the bottle, gently shake the bottle until all powder has mixed well (dissolved). For best taste, refrigerate the solution for **1 hour** before drinking, do not freeze. Use within 24 hours.

Step 3: Drink 8 ounces of solution every 15 minutes until the bottle is empty.

Step 4: Drink an additional 16 ounces of water during the evening.

Begin your second dosing regimen: 5 hours prior to your procedure

Step 1: Repeat Step 1 to Step 3 from your first dosing regimen.

Step 2: Drink an additional 16 ounces of water during the morning.

All fluids must be stopped 2 hours prior to your arrival at our facility or your procedure may be cancelled.