



Colonoscopy Prep Instructions – 2-DAY SUTAB PM (arrivals 12:30pm – 3:00pm)

Please follow the General Colonoscopy instructions along with your prep instructions.

Two days prior to your procedure: Begin a clear liquid diet by 9:00 a.m. NO FOOD FROM THIS POINT UNTIL YOUR PROCEDURE IS COMPLETED. Try to have 8 ounces every hour.

At 6:00 p.m. two days prior to your procedure: Please take Dulcolax laxative tablets (20 mg total).

Begin your first Sutab dosing regimen: 9:00 PM the day before your procedure

Step 1. Open 1 Bottle of 12 tablets.

Step 2. Fill the provided container with 16oz of water (up to the fill line). Swallow each tablet with a sip of water (**take all 12 pills gradually over a 30-minute period**). You should finish the pills and entire 16oz of water within 30 minutes. If you begin to feel nauseated, pause or slow your rate of drinking the additional water a little bit.

Step 3. Approximately 1 hour after the last tablet is ingested, fill the provided container with 16oz of water (up to the fill line), and drink the entire amount over 30 minutes.

Step 4. Approximately 30 minutes after finishing the second container of water, fill the provided container with 16oz of water (up to the fill line) and drink the entire amount over 30 minutes. Continue your clear liquid diet.

Begin your second Sutab dosing regimen: 5 hours prior to your procedure

Repeat Steps 1 through 4 from your first dosing regimen above.

All fluids must be stopped 2 hours prior to your arrival at our facility or your procedure may be cancelled.