

### **Colonoscopy Prep Instructions – SUTAB PM (arrivals 12:30pm - 3:00pm)**

Please follow the General Colonoscopy instructions along with your prep instructions.

**At 9am the day before your procedure** begin drinking 8oz of clear liquid every hour.

**Begin your first dosing regimen: 9PM the day before your procedure**

**Step 1.** Open 1 Bottle of 12 tablets.

**Step 2.** Fill the provided container with 16oz of water (up to the fill line). Swallow each tablet **every 2 minutes** with a mouthful of water (**take all 12 gradually over a 30-minute period**). You should finish the pills and entire 16oz of water within 30 minutes. If you begin to feel nauseous pause or slow the rate of drinking additional water.

**Step 3.** Approximately 1 hour after the last tablet is ingested, fill the provided container with 16oz of water (up to the fill line), and drink the entire amount over 30 minutes.

**Step 4.** Approximately 30 minutes after finishing the second container of water, fill the provided container with 16oz of water (up to the fill line) and drink the entire amount over 30 minutes.

**Begin your second dosing regimen: 5 hours prior to procedure**

Repeat Steps 1 through 4 from your first dosing regimen above.

**All fluids must be stopped 2 hours prior to your arrival at our facility** or your procedure may be cancelled.