

**DO NOT FOLLOW BOX INSTRUCTIONS!!!!!!**

**FOLLOW THIS PAGE ONLY!!!!!!**

**Colonoscopy Prep Instructions – Suflave PM (arrivals 12:30pm – 3:00pm)**

Please follow the General Colonoscopy instructions along with your prep instructions.

Additionally your doctor may have prescribed **anti-nausea medication**. Please pick up from your pharmacy and take prior to each prep dose.

**\*\*YOU MUST ALSO PICK UP A BOTTLE OF MAGNESIUM CITRATE 10oz (CLEAR ONLY)\*\***

**Begin your first dosing regimen: 9PM the day before your procedure.**

**Step 1:** Open 1 flavor enhancing packet and pour the contents into bottle 1.

**Step 2:** Fill the provided bottle with lukewarm water up to the fill line. After capping the bottle, gently shake the bottle until all powder has mixed well (dissolved). For the best taste, refrigerate the solution for **1 hour** before drinking, do not freeze. Use within 24 hours.

**Step 3:** Drink 8 ounces of solution every 15 minutes until the bottle is empty.

**Step 4:** Drink an additional 16 ounces of water during the evening.

**Begin your second dosing regimen: 5 hours prior to your procedure.**

**Step 1:** Repeat Step 1 to Step 3 from your first dosing regimen.

**Step 2:** Drink an additional 16 ounces of water during the morning.

**All fluids must be stopped 2 hours prior to your arrival at our facility or your procedure may be cancelled.**